



**UNITED
CUP**



**USYS
Oregon
United Cup
2022**

**RULES FOR
U9 - U19**

Hosted by:
Oregon Youth Soccer Association
www.oregonyouthsoccer.org

2022 USYS Oregon United Cup Rules of Competition

Tournament Management Information

The USYS Oregon United Cup is hosted by Oregon Youth Soccer Association (OYSA). The competition is open to teams that have all their players and coaches registered with US Youth Soccer through either OYSA or Washington Youth Soccer Association (WYS) in accordance with the registration rules of US Youth Soccer (USYS) and their home state association.

The USYS Oregon United Cup aims to provide recreational youth soccer players an opportunity to experience a consistent and high-quality statewide tournament in a fun, family-like atmosphere. It fosters stimulation and excitement about soccer in an effort to increase the recreational players interest in and love for the game.

The USYS Oregon United Cup is managed by OYSA in accordance with the bylaws and policies of OYSA, US Youth Soccer (USYS), and the US Soccer Federation (USSF). The Tournament Director has operational and disciplinary authority in accordance with these rules over all participants for the duration of the competition. All OYSA registered participants are subject to the disciplinary authority of OYSA and USSF for matters that warrant disciplinary actions that extend beyond the end of the competition.

WYS registered participants are subject to the disciplinary authority of WYS and the USSF for matters that warrant disciplinary actions that extend beyond the end of the competition.

Match play in this competition is governed by the IFAB Laws of the Game as modified in these rules. These rules incorporate changes to the Laws to comply with the recommendations of the US Soccer Federation's Player Development and Player Safety Initiatives that have been adopted by OYSA. All games are officiated by USSF certified referees assigned by a USSF certified referee assignor, except for emergency situations as allowed in these rules.

Consumption or possession of alcohol, tobacco, nicotine, and marijuana products are strictly prohibited at all USYS Oregon United Cup matches.

Oregon Youth Soccer and the USYS United Cup have NO TOLERANCE for any form of harassment, intimidation, abuse, assault, or racism.

Tournament Contacts

Tournament Director:

Roberta Cloutier: roberta@oregonyouthsoccer.org; (503) 626-4625

Tournament Manager:

Eric Bocan: eric@oregonyouthsoccer.org; (503) 626-4625

Tournament Scheduler:

Valorie Westlund: valorie.westlund@comcast.net; (503) 740-6734

Referee Coordination:

Carlos Tercero: ct.assigning@gmail.com

David Grbavac: david@oregonyouthsoccer.org

Day of Game and Emergency Contact Numbers:

Referee Emergency: (503) 332-5432 (Coaches: only use for missing referees)

Game Day Hotline: (971) 732-9897 (For all other issues with games/rules. Answered on game days)

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(A) Safety

(1) Bleeding from Nose, Cuts or Other Abrasions

- (a) A player who is bleeding or has blood on his or her uniform must leave the field and may be substituted at the coach's discretion. A uniform with blood on it must be changed. After the bleeding is stopped and the wound is covered, the player may return to the match when beckoned onto the field by the referee.

(2) Possible Head Injuries

- (a) A player who demonstrates signs of concussion as a result of an observed or suspected blow to the head or body must leave the field and may not return to play in that match unless an athletic trainer registered by the Oregon Board of Athletic Trainers or licensed medical professional determines that the player has not suffered a concussion.
- (b) A referee will accept the determination of a certified athletic trainer only if the trainer has identified himself or herself to the referee prior to the match and has shown the referee a current Athletic Trainer registration identification card.
- (c) If a coach returns a player without approved clearance, the referee will end the game.
- (d) Referees will include in their match report information about any player required to leave the field because of a suspected concussion. A player who has been removed from a match by a referee because of a suspected concussion is ineligible to play until the league director has received a copy of a medical release signed by a health care professional that authorizes an unrestricted return to competition.
- (e) Coaches should be aware that ORS 417.875, effective January 1, 2014, and amended April 13, 2018, applies to all competitions sanctioned by OYSA. Unless an athletic trainer registered by the Oregon Board of Athletic Trainers or a licensed physician pursuant to ORS 677.100 to 677.228 determines that a player has not suffered a possible head injury, a coach is prohibited from allowing a player who exhibits signs of concussion following an observed or suspected blow to the head or body to participate in any competition, including practice, until the player has been cleared to return to play by a qualified health care professional.

(3) Camera Drones

- (a) Camera drones may be in the vicinity of the field only if permitted by the facility owner. If allowed, they may not be directly above the field, teams, or spectators and must be at least 50 feet away from teams and spectators.

(4) Lightning

- (a) If lightning is seen or thunder is heard, play must be immediately suspended.
- (b) Participants and spectators should immediately move to a safe location, in a substantial building or a hard-topped metal vehicle.
- (c) Wait 30 minutes after last seeing lightning or hearing thunder to continue the match. See the [National Weather Service website](#) for more information about lightning safety.

(5) Heat

- (a) The coaches of both teams should consult with the referee to determine whether the temperature at match time will require hydration breaks.
- (b) Referees will add time to the end of each half to account for time given for hydration breaks.
- (c) Referees will pause the match when Wet Bulb Globe Temperature equals or exceeds 89.6F.
 - (i) WBGT may be measured directly using an instrument designed for that purpose
 - (ii) WBGT may be approximated for the area of the field using a cell phone application (e.g. WeatherFX)
 - (iii) WBGT may be estimated from the US Soccer [Recognize to Recover heat guidelines](#).

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(6) Air Quality

- (a) The USYS Oregon United Cup will follow the Air Quality Index (AQI) table below, adopted from the Oregon School Activities Association (OSAA).
- (b) The Tournament Director will make final decisions regarding match cancellation(s) due to the AQI and will notify Directors of Coaching/Teams.

Air Quality Index (AQI)	5-3-1 Visibility Index	Required Actions for Outdoor Activities
51 - 100	5-15 Miles	Athletes with asthma should have rescue inhalers readily available and pretreat before exercise or as directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Increase rest periods as needed.
101 - 150	3-5 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
151 - 200	1-3 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
>200	1 Mile	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

(B) Laws of the Game and Rules of Competition

IFAB Laws of the Game apply except as specifically modified.

(1) Substitutions

- (a) Unlimited substitutions are permitted, with the consent of the referee, on any dead ball.
- (b) Substituted players must leave the field of play at the half line near their team bench.

(2) Coed Divisions

- (a) For any game taking place in a coed division, each team must maintain a minimum of three girls on the field at all times.

(3) Length of Matches and Ball Size

Age	Length of Half	Halftime	Ball Size
U9-U12	25 minutes	5 minutes	Size 4
U13-U19	25 minutes	5 minutes	Size 5

- (a) In group play, games that end with a tied score do not have overtime or kicks from the penalty mark.
- (b) For knockout round games, ties at the conclusion of play are immediately resolved with kicks from the penalty mark.

(4) Match Balls

- (a) The tournament will provide match balls for final matches.
- (b) For all other matches the designated home team is expected to provide 3 match balls acceptable to the referee, although the referee may accept match balls from either team.

(5) Offside

- (a) Offside is in effect for all age groups.
- (b) For the U9 and U10 age groups, a player is in an offside position if:
 - (i) Any part of the head, body, or feet has crossed the opponents' build-out line, and
 - (ii) Any part of the head, body, or feet is nearer to the opponents' goal line than both the ball and the second-last opponent.

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(6) Build Out Line for U9/U10

- (a) The build out line is a line parallel to the end line located halfway between the penalty area line and the center line.
- (b) When the goalkeeper takes possession of the ball in his/her hands, or during goal kicks, the opposing team must retreat behind the build out line and remain there until the goalkeeper puts the ball into play by throwing or kicking the ball.

(7) No Punting/Drop Kicks for U9-U10

- (a) In the U9 - U10 age groups a goalkeeper may not punt or drop kick the ball. They must distribute the ball by kicking it from the ground, throwing it, or rolling it.

(8) No Heading for U9-U12

- (a) In the U9 - U12 age groups a player may not intentionally use his/her head to play the ball.
- (b) If the referee determines that the ball struck a player in the head when the player is not trying to play the ball, the referee will allow play to continue.
- (c) The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.
- (d) If the infraction is committed within the goal area, the indirect free kick will be taken from the goal area line parallel to the end line at the nearest point to where the infraction occurred.

(9) No Slide-Tackling (all age groups)

- (a) Slide-Tackling is NOT allowed in any age group.
 - (i) For the purpose of this rule, slide-tackling is defined as: going to ground to make a play on the ball that engages a player currently in possession of the ball, or that results in contact with another player.
- (b) Sliding is allowed.
 - (i) For the purpose of this rule, sliding is defined as: going to ground to make a play on the ball that does not engage a player currently in possession of the ball, and that does not make contact with another player. Example of permitted sliding: sliding to keep a ball in play, or sliding to score a goal.

(10) Uniforms & Equipment

- (a) All players on the field must wear matching jerseys (except the goalkeeper). The goalkeeper's jersey must be a different color from that of the opposing keeper, all other players on the field, and the referee.
- (b) Each team must either have two different colored jerseys (one white or light color and one dark color) at each match, or pinnies available of a different color than the primary jersey.
 - (i) Home team listed first in the schedule will wear white or light-colored jerseys/pinnies.
 - (ii) Visiting team listed second will wear dark-colored jerseys/pinnies.
 - (iii) In cases of color similarity, the designated home team will change jerseys/pinnies.
- (c) A player may not wear or use any equipment that is dangerous to himself or another player.
 - (i) The referee's decision regarding dangerous equipment is conclusive, although lightweight, padded protective equipment should generally be allowed per IFAB Law 4.
 - (ii) Casts, splints, or braces must be padded and there shall be no exposed metal or any other hard material.
 - (iii) The referee may withdraw approval for a player to participate while wearing a cast or other protective equipment if the referee finds that the protective equipment is being used in a way that endangers the safety of any player.
- (d) **No jewelry is permitted.** Medical alert items are not deemed jewelry and are allowed, if taped.
- (e) Shin guards, covered by socks, are mandatory. Players not wearing shin guards will not be allowed to play.

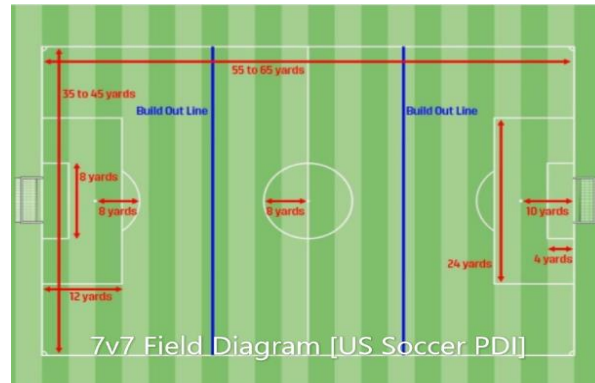
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(C) Field Preparation

(1) Field Size

Age - Format	Minimum	Maximum	Goal Size Minimum
U9-U19 - 7v7	35 x 55 yds	45 x 65 yds	6.5 (H) x 18.5 (W) ft.

- All matches will be played in the 7v7 field size, with corresponding 7v7 sized goals.
- All field preparation will be completed by OYSA.
- OYSA may temporarily mark field lines and corners using flat discs or disc cones, if the field owner does not permit permanent markings.



(D) Game Start Time & Interruptions

(1) Scheduled Time and Location

- Teams are expected to play matches at the scheduled time and location.

(2) Check-In with Printed Match Roster.

- Prior to each scheduled game, referees must complete the player/coach check-in process, using each team's United Cup Printed Match Roster.

(3) 10-Minute Waiting Period

- The referee will wait for 10 minutes after the scheduled start time for one or more of the teams to complete pre-match check-in (by providing their United Cup Printed Match Roster and providing the minimum number of players and eligible adults to begin the match).
 - If a match cannot be started after the 10-minute waiting period, the referee will inform tournament staff before abandoning the match.

(4) Suspended Play

- If play must be suspended for safety issues (such as lightning or other severe weather conditions) or cannot be completed due to safety concerns or other issues arising during the match, the referee and coaches/team officials will consult with the onsite tournament staff before abandoning the match.

(5) Missing Referees

- If no assigned referee is present at the scheduled field by fifteen minutes before the scheduled match start time, inform the tournament's onsite staff who will provide guidance.

(E) Minimum and Maximum Number of Participants in a Match

(1) Minimum and Maximum Participants

- A team must have a minimum of 5 eligible players and 1 eligible adult who are listed on their United Cup Printed Match Roster to start a match.
- A team's United Cup Printed Match Roster may list a maximum of 14 registered players as eligible to play, and 4 registered adults to coach.

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(2) Maintaining Participant Minimums

- (a) If a team fails to maintain the minimum number of players (5) on the field after a match has been started, the match will be abandoned.
- (b) If a team fails to maintain an eligible adult in the Team Area/Technical Area after a match has been started, the match will be abandoned and considered a forfeit by that team.

(F) Team Sidelines

(1) Team Placement / Spectator Placement

- (a) Except where field conditions prevent, both teams must be on one side of the field.
 - (i) A “team” consists of those players, coaches and team officials listed on the team’s United Cup Printed Match Roster who have checked in with the referee.
- (b) ALL spectators must be on the opposite side of the field from their teams.
 - (i) Spectators may, with the permission of the referee, be located on the same side of the field as the teams when the match field has bleachers or grandstands that physically separate spectators from the teams.

(2) Team Area / Technical Area

- (a) Each coach, substitute, and all other team personnel not involved in active play must remain within their respective Team Area two (2) yards behind the touch line, five (5) yards from the halfway line, and eighteen (18) yards from the nearest corner of the field.
- (b) If a field has benches and is marked with a Technical Area, each coach, substitute, and all other team personnel not involved in active play must remain within the marked boundaries of the Technical Area.

(3) Ineligible or Suspended Players

- (a) A player who has been determined by the United Cup to be medically ineligible (i.e., due to a concussion) for play may be permitted in the Team Area/Technical Area ONLY if the player is NOT wearing the team uniform.
- (b) A player serving a disciplinary suspension is NOT permitted in the Team Area/Technical Area.

(4) Circumstances Involving Player / Team Official Illness or Injury

- (a) Additional adults may be in the team area, at the discretion of the referee, to aid an ill or injured player or team official.

(G) Check-in Procedures

(1) Referee Responsibilities During Check-In

- (a) The referee is responsible for checking in players and adults using each team’s United Cup Printed Match Roster. Each team must present a United Cup Printed Match Roster to the referee before each match, which lists every person eligible to play in the match, and all adults who will present in the Team Area/Technical Area.
- (b) The referee must make a visible “check mark” next to the name of each eligible player, coach, and team official on the Official Printed Match Roster who has completed check-in for the match.
 - (i) The referee must ensure that a line is drawn through the name of any person listed on the Official Printed Match Roster who will not participate in the match.

(2) Player(s) Arriving After Check-In

- (a) A player who is not present for pre-match check-in must check-in at arrival by identifying their name on the United Cup Printed Match Roster to the referee.

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(H) Disciplinary Actions for Players, Coaches, and Team Officials

(1) Yellow and Red Cards

- (a) Referees will note all yellow cards in their Match Report.
- (b) Referees will report all red cards to tournament headquarters immediately after the game and will also note them as soon as possible in their Match Report.
- (c) If a coach is sent-off, the assistant coach or a registered adult from the team's club will assume the coach's responsibilities.
 - (i) If no registered adult from the team's club is available to assume the coach's responsibilities, the referee will abandon the match and inform tournament staff.

(2) Players, Coaches, and Team Officials who are Sent-Off

- (a) A player who has been sent-off by the referee must promptly leave the field of play, and should remain in the Team Area/Technical Area for the remainder of the match.
- (b) A coach or team official who has been sent-off by the referee must promptly leave the playing area and remain out of sight until the match has ended.
 - (i) If the coach or team official who has been sent-off refuses to leave the playing area, or returns after leaving, the referee may abandon the match.
 - (ii) Details regarding the coach's or team official's failure to leave the area and subsequent abandonment of the match must be included in the referee Match Report, and the onsite tournament representative must be informed.
- (c) **Players, coaches, and team officials who are sent off by the referee are automatically suspended for at least the next match.**
 - (i) A suspension longer than one match may be imposed by the OYSA Disciplinary Committee, per the 2022 USYS Oregon United Cup Policies.

(I) Reporting Scores and Referee's Match Report

(1) Verify the Score

- (a) Both coaches should verify with the referee at the game's conclusion that their score matches the score recorded in the referee's Match Report.

(2) Submit Printed Team Rosters to Tournament HQ and Match Reports Online

- (a) All referees must submit United Cup Printed Team Rosters to tournament headquarters with game scores noted on them after each match, and submit their online Match Reports through Oregon Soccer Central.