

# GETTING KIDS BACK ON THE FIELD

Last Updated January 11, 2021



## OYSA Health and Exclusion Policy

The following procedures are required to be followed by the clubs, teams, parents, and players who are participating in the Portland Timbers and Thorns League.

Any changes to this document will be highlighted and distributed to our clubs and on our website with a date stamp.

We will also be taking feedback and directives from local health authorities and make adjustments based on their recommendations and requirements.

Maintaining player and coach confidentiality is vital to the process of reporting. As a coach or parent reporting, please report your information directly to your club's Covid-19 contact only. Participating clubs will inform their membership of who to report cases or exposure to and share their contact information. The club will then report to OYSA only the team name and when they were presented the case or exposure information. OYSA will not disclose any identifying information about the player, coach, or team when communicating about the protocols of the league.

### Pregame Covid-19 Check-In

All players and coaches are required to go through a screening process prior to each game. You can use this [form](#) (also on our Covid-19 page) or use your team software, but the questions below must be answered as part of your pre-game check-in. Each club is responsible for keeping a log of these forms and responses to be used in contact tracing efforts if necessary.

These questions must be asked of each player and coach prior to match play\*:

- Are you currently sick or ill?
- Have you had a new or worsening cough?
- Have you had a fever of 100.4 or more in the last 4-8 hours?
- Have you had a shortness of breath?
- Have you had new loss of smell/taste?
- Have you been in close contact with anyone with these symptoms or anyone who has been diagnosed with Covid-19 in the past 14 days?

If a player or coach responds yes to any of these questions, they will be instructed to return home and will not be allowed to participate in the game. They must follow the information below. The coach or team manager should not share that player's information with anyone other than the club's Covid-19 contact.

Should a cluster of players respond yes to these questions at any one game then the game will be abandoned. The Game Day Hotline should be notified, and the opposing team will be notified as well. Club's will contact the local health authority (LHA) to report the cluster and await further instructions on how to proceed. OYSA will also contact the local health authority in the county that club is from.

- 7v7 games – 3 players
- 9v9 games – 4 players
- 11v11 games – 5 players

If a player is showing any symptoms of Covid-19, they should stay home for 14 days and have no symptoms for 24 hours before returning to league play.



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\*Questions and information from Personal Services Providers guidance.

## Positive Covid-19 Cases During League Play

Any player or coach that is known to have tested positive for Covid-19 or has Covid-19 like symptoms is required to notify their club immediately and remove themselves from participation with their team.

If a player has been confirmed with Covid-19 the following actions will be taken by OYSA:

- The team that the player is on will be removed from game play for the 14 days following the positive test date to OYSA that a positive case has been confirmed.
- The opposing team(s) from the previous weekend will be removed from game play for the 14 days following the date of the game that they played the team with an exposure or positive test.
- Teams that were scheduled to play the two teams the following 14 days will be notified that their games are postponed, and efforts will be made to reschedule those games.
- Teams that have been quarantined will be added back to the schedule following a successful quarantine in the PTTL. Development League games will not be rescheduled.
- OYSA will contact David Grbavac so he can notify the referees involved in the game with a positive case.

If a player is confirmed to have been exposed to a person with Covid-19 the following actions will be taken by OYSA:

- Contact the opposing team from the weekend prior to make them aware that someone in the game was exposed to Covid-19.
  - The player should not return to play for 14 days from the date of exposure and have no symptoms for 24 hours.

If a coach/referee has tested positive for Covid-19 or has been exposed to someone with Covid-19, the following actions will be taken by OYSA:

- Teams that played the previous weekend will be notified that an adult at the game tested positive for Covid-19.
  - If the players and other adults maintained 6 feet of physical distancing and less than 15 minutes of time near the coach/referee, then they will watch for symptoms and quarantine if they experience any symptoms.

All items in this document are subject to change based on requirements and information gained from the LHA.

