

GETTING KIDS BACK ON THE FIELD

Last Updated October 14, 2020



PTTL Health and Exclusion Policy

The following procedures are required to be followed by the clubs, teams, parents, players who are participating in the Portland Timbers and Thorns League with immediate effect.

Any changes to this document will be highlighted and distributed to our clubs and on our website with a date stamp.

We will also be taking feedback and directives from local health authorities and make adjustments based on their recommendations and requirements.

Maintaining player and coach confidentiality is vital to the process of reporting. As a coach or parent reporting, please report your information directly to your club's Covid-19 contact only. Participating clubs will inform their membership of who to report cases or exposure to and share their contact information. The club will then report to OYSA only the team name and when they were presented the case or exposure information. OYSA will not disclose any identifying information about the player, coach, or team when communicating about the protocols of the league.

Pregame Covid-19 Check-In

All players and coaches are required to go through a screening process prior to each game. You can use this [form](#) (also on our Covid-19 page) or use your team software, but the questions below must be answered as part of your pre-game check-in. Each club is responsible for keeping a log of these forms and responses to be used in contact tracing efforts if necessary.

These questions must be asked of each player and coach prior to match play*:

- Are you currently sick or ill?
- Have you had a new or worsening cough?
- Have you had a fever of 100.4 or more in the last 4-8 hours?
- Have you had a shortness of breath?
- Have you been in close contact with anyone with these symptoms or anyone who has been diagnosed with Covid-19 in the past 14 days?

If a player or coach responds yes to any of these questions, they will be instructed to return home and will not be allowed to participate in the game. The coach or team manager should contact the club's Covid-19 contact as well. The coach or team manager should not share that player's information with anyone other than the club's Covid-19 contact. *

Should 5 or more players respond yes to these questions at any one game then the game will be abandoned. The Game Day Hotline should be notified, and the opposing team will be notified as well. Club's will contact the local health authority (LHA) to report the cluster and await further instructions on how to proceed.

If a player is showing any symptoms of Covid-19, they should stay home for 10 days and have no symptoms for 24 hours before returning to league play.

- At any point that a player with Covid-19 like symptoms or a player that has been exposed to someone with Covid-19 has a negative test, they may return to play the day following the test results being negative.

*Questions and information from Fitness Organizations Guidance.



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Positive Covid-19 Cases During League Play

Any player or coach that is known to have tested positive for Covid-19 or has Covid-19 like symptoms is required to notify their club immediately and remove themselves from participation with their team.

If a player has been confirmed with Covid-19 the following actions will be taken by OYSA:

- The team that the player is on will be removed from game play for the 14 days following notification to OYSA that a positive case has been confirmed.
- The team that the team played in the previous weekend will be removed from game play for the 14 days following notification to OYSA that a positive case has been confirmed.
- Teams that were scheduled to play the two teams the following 2 weekends will be notified that their games are postponed, and efforts will be made to reschedule those games.
- Teams that have been quarantined will be added back to the schedule for the weekend a successful quarantine.
- OYSA will be in contact with the local health authority in the county where the club is located.

If a player is confirmed to have been exposed to a person with Covid-19 the following actions will be taken by OYSA:

- Contact the opposing team from the weekend prior to make them aware that someone in the game was exposed to Covid-19.
 - The player should not return to play for 14 days from the date of exposure. If the player shows any symptoms, then they must remove themselves for 10 days and have no symptoms for 72 hours before returning to league play.
- OYSA will contact the local health authority in the county where the club is located. Any further actions will be dictated by the LHA.
- At any point that a player with Covid-19 like symptoms or exposed to someone with Covid-19 has a negative test, they may return to play the day following the test results being negative.

If a coach has tested positive for Covid-19 or has been exposed to someone with Covid-19, the following actions will be taken by OYSA:

- Teams that played the previous weekend will be notified that an adult at the game tested positive for Covid-19.
 - If the players and other adults maintained 6 feet of physical distancing and less than 15 minutes of time near the coach, then they will watch for symptoms and quarantine if they experience any symptoms.
- OYSA will be in contact with the LHA in the county where the club is located.
- At any point that a coach with Covid-19 like symptoms or exposed to someone with Covid-19 has a negative test, they may return to coach the day following the test results being negative.

All items in this document are subject to change based on requirements and information gained from the LHA.

