

Return to Play

Phase 1 Goalkeeper Training Guidance

- Keeper training done in groups of ten or less including coaches
- Keepers may not participate in field player sessions as a goalkeeper
- Soccer balls disinfected immediately prior to GK training, and immediately after GK training.
- GK's/Coach sanitize hands immediately prior to GK training and immediately after GK training
- GK's/Coach gloves must have been washed or sanitized prior to use
- No spitting on gloves to moisten them
- No pouring water on gloves to moisten them
- Do not adjust mask while gloves are on. If necessary, to adjust mask: remove gloves, sanitize hands, adjust mask as needed, sanitize hands again, place gloves back on
- Social distancing (min 6 ft) in effect at all times, no physical contact
- GK's/Coach will wash their gloves with soap after every training

JUST BECAUSE YOU CAN DOESN'T MEAN YOU HAVE TO.

Updated August 7, 2020

