



# Free Clinic Options



## New Coaches

OYSA will teach coaches the framework of Play Practice Play



## Returning Coaches

OYSA will teach variations on Play 1 and Practice, for experienced coaches



## Role of a Coach

OYSA will discuss the tasks that a coach does, as well as how they can connect to the stakeholders of the team



## Role of a Parent

OYSA will discuss how a parent can help make their child's sport experience to best one possible

# Recreational Club Free Clinics



- **Information**

- Clinic is 1 hour
- OYSA sets up a registration for coaches/parents
- Club provides field and a team or classroom
- Choose one of your 4 options:
  - New Coach (teach Play Practice Play)
  - Returning Coach (teach variations of PPP)
  - Role of a Coach (classroom)
  - Role of a Parent (classroom)
- We teach Play Practice Play which is recommended for all recreational clubs and coaches in Oregon
- OYSA provides an instructor and a copy of the lesson plan.
- OYSA can provide cones, pinnies, mini goals, and balls.

- **Expectations**

- Clubs require the clinic for their coaches/parents
  - Coaches must register through OYSA, OYSA will provide updated lists of registration if requested by the club
  - If there are too many coaches, we can run back to back sessions to enhance the experience of the coaches. Can split up based on game model
  - OYSA can run two clinics in one day as requested
  - If there are too few coaches OYSA can cancel the clinic
  - Parents are also welcome to attend the coaching clinics

[Click here to register for a clinic](#)

# Adaptations for Fall 2020 Clinics

Club must be in a county in Phase 2

---

## Attending Coaches

- Pre-Register to attend
  - Clinics limited to 24 coaches
- Wear a mask
- Use hand sanitizer before/after clinic
- Handout will be emailed ahead of time
- Social Distance at the field
  - Cones will be set out to stand next to
- Follow club's entrance/exit guidelines
- Arrive 5 minutes before clinic starts
- Don't attend if you have any Covid-19 symptoms or have been around anyone who has symptoms of Covid-19

## Players/Team

- Coaches attending may be asked to play, depending on registration numbers and other factors. This will be communicated prior to the event.
- Wear mask at all times, even during play.
- Use hand sanitizer before and after clinic
- Social Distance anytime you are not playing
- Follow club's entrance/exit guidelines
- Arrive 5 minutes before clinic starts
- Don't attend if you have any Covid-19 symptoms or have been around anyone who has symptoms of Covid-19
- Adhere to your club's return to play protocols