

RETURN TO PLAY RULES



Our top priority is to return to play safely. We want to ensure that all of our players can enjoy soccer again while doing our best to keep everyone healthy. We ask that our coaches, players, and families understand and adhere to the guidelines below. These guidelines may change over time to make sure that they meet government, health authority, and soccer association rules and guidelines.

PARTICIPATION IS NOT MANDATORY. ONLY ATTEND ACTIVITIES WHEN COMFORTABLE.

CLUB

- Provide proper field space to meet distancing rules.
- Provide entrance and exit protocol to meet distancing rules.
- Provide hand washing stations at fields.
- Maintain an action plan in case a player or coach has a positive test.
- Monitor guidance from government and health authorities and update membership with appropriate changes to policy.

PLAYERS

- Follow, and support your teammates with following, rules and guidelines.
- Wash hands before and after training sessions.
- Don't touch anything that doesn't belong to you.
- Practice social distancing.
- Wash and sanitize equipment before and after training.
- No group celebrations, high 5's, hugs, handshakes, or contact with other players while social distancing rules are in place.
- No spitting.
- Have fun!

COACHES

- Monitor personal health and hygiene; stay home if feeling sick.
- Follow all protocols related to health and safety, including social distancing.
- Enforce rules and guidelines with players.
- Wear a mask.
- Wash hands before and after training sessions.
- Wash and sanitize equipment after training.
- No group celebrations, high 5's, hugs, handshakes, or contact with other players while social distancing rules are in place.
- Have fun!

FAMILIES

- Ensure players are healthy prior to attending any soccer activities.
- Take player's temperature prior to training.
- Limited or no carpooling.
- Stay in your care when at Harmony Sports Complex.
- Ensure player equipment is sanitized before and after training.
- Notify Washington Timbers staff immediately if player becomes sick.
- Support players by reinforcing these guidelines before attending soccer activities.