

## **RETURN TO PLAY. COVID-19**

Bend FC Timbers

May 20, 2020

Bend FC Timbers(BFCT) is prepared to launch the following Return to Play protocol for soccer activities in the State of Oregon. Specific to BFCT, we reside in Deschutes County, own a 170,000 sq foot outdoor, gated turf soccer complex. We have a full-time staff of directors and coaches who are prepared to follow our RTP protocol. Additionally we will be supplying an on-site Covid Compliance Coordinator located at Bend FC Timbers Soccer Complex.

BFCT complies with Oregon Youth Soccer Association(OYSA) recommendations and is insured through OYSA insurance as well as a private insurance policy covering our athletic fields.

Prior to taking the fields, every BFCT member and coach will need to register and comply with our nationally recognized COVID COMPLIANCE platform, Great Coach:

<https://www.greatcoach.com/>

*During the uncertain and unpredictable times of the coronavirus, safety is paramount for all our Bend FC athletes, coaches, administrators, families, and community. To ensure our club's safe return to sport, Bend FC is engaging Great Coach to utilize their Compliance Management Solution – the Clear2Play™ module. Great Coach's C2P™ provides assessment and communication tools and policies to support our organization's return to the field of play.*

In the case that a player / coach is found COVID positive.

- Must contact the BFCT Covid Compliance Director (CCD)
  - CCD will contact Deschutes County / OYSA / HHS
  - Players in the cohort of this child / coach will be contacted and asked to self quarantine for 14 days.
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### **PHASE 1 - E Learning virtual**

\*\*Current (since March 13th, 2020)

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**PHASE 2 - Great Coach Phase 2. Small Group 10 kids - 1 coach.**  
No Interaction / NON - Contact - Located in Outside Venue. No shared equipment

\*\*Begins June 8th, 2020. Would last 14 days.

- Players / Coaches enter through North Gate - Exit through South Gate.
- Field is marked into Quadrant 50 x 30 with coach walkway. (see attached document)
- Parents remain in car

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- No carpooling
- Only Bend FC players and Bend FC coaches permitted inside the field fence line.
- Players may opt to wear masks.
- Coaches will be required to wear masks
- Hand sanitizer at North Gate / Hand Sanitizer at South Gate provided by Bend FC Timbers used upon entering and exiting the complex
- Players place their own equipment / water bottle in their marked personal area.
- No shared equipment (including soccer ball, water bottle).
- Players / Parents are cleared to play through Great Coach protocol before each session.
- 1 hour session with 2019-20 players. 45 minutes of work. 15 minutes buffer to leave. Staggered leaving upon end of session
- Players have 1 session a week. 10 players at a time. Those 10 players remain in the same group during this Phase.
- All sessions are created by our Directors so that all coaches are doing the same exact proper practice with social distancing.
- No non-essential travel permitted outside of region

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### **PHASE 3 - Great Coach Phase 3. Larger Group over 10 kids - 1 - 2 coaches. Contact Permitted - Located at Outdoor Venue.**

\*\*Begins June 22nd, 2020. Would last 14 days.

- Enter through North Gate - Exit through South Gate.
- Parents remain in car
- No carpooling
- Only Bend FC players and Bend FC coaches permitted inside the field fence line.
- Players may opt to wear masks.
- Coaches will be required to wear masks
- Hand sanitizer station at North Gate / Hand sanitizer station at South Gate provided by Bend FC Timbers used upon entering and exiting the complex
- Players place their own equipment / water bottle in their marked personal area.
- Players / Parents / Coach go through Great Coach protocol before each training.
- 1.5 hour session with less than 20 players. 1.15 minutes of work. 15 minutes buffer to leave. Staggered leaving.
- Players return to 2 sessions a week
- All sessions are created by our Directors so that all coaches are doing the same exact proper practice.
- Non-essential travel can resume, but should only be done in accordance with federal, state and local protocols.

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### **PHASE 4 –**

\*\*Begins July 6th, 2020.

- No restrictions
- Physical and Social Distancing recommended.

## **Introduction of Principles and Responsibilities per Oregon Youth Soccer Guidelines**

### **Club Responsibilities:**

- Create and distribute protocols to its members.
- Contact insurers to ensure and be aware of all coverages.
- Have an effective communication plan in place, identify strategies for working with public health to notify adult leaders, youth and their families if the organization learns a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity, while maintaining confidentiality as per law.
- Be sensitive and accommodating to parents that many be uncomfortable with returning to play too quickly.
- Have an action plan in place, in case of a positive test.
- Train and educate all staff to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information. (See resources at the back of this document.)
- Be prepared to shut down and stop operations. Develop plans for temporary closure of indoor facilities and cancel outdoor activities or camps to properly disinfect and ensure other adult leaders or youth are not infected.
- Provide adequate field space for social distancing.
- Provide hand sanitizing stations and waste receptacles at fields.
- Develop a relationship and a dialog with health local officials. (Identify Risk Tolerance)
- Coach Responsibilities:
  - Follow all state and local health protocols, including social distancing guidelines.
  - Inquire how the athletes are feeling, send them home should you believe they act or look ill.
  - Ensure all athletes have their individual equipment that should be appropriately spaced out (ball, water, bag etc.)
  - Coach is the only person to handle cones, disks, etc.
  - Always wear a face mask, when not actively coaching, maintain social distance requirements from players based on state and local health requirements.
  - Have fun, stay positive – players and parents are looking to you to stay calm, supportive and caring during this time.
  - The use of scrimmage vest or pennies is not recommended at this time.
- Parent Responsibilities:
  - Ensure child is healthy, check your child's temperature daily 30 minutes prior to training.
  - Limited or no carpooling.
  - Stay in car or adhere to social distance requirements, based on state and local health requirements, when at training wear mask if outside your car.
  - Ensure all clothing, equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
  - Notify club immediately if your child becomes ill for any reason.
  - Be sure your child has necessary sanitizer and a mask with them at every training if desired.

### **Player Responsibilities:**

- Wash or sanitize hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- Wear mask, if desired, before and immediately after all training.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, Hugs, handshakes etc.
- No spitting.

## **Club Resources**

### **What to do if someone is confirmed to have Covid-19?**

**Contact Local Public Health Authority – [County Contact List](#)**

### **National Resources:**

#### Center for Disease Control and Prevention – Coronavirus (Covid-19)

- [How to Protect Yourself and Others](#)
- [Guidance for Administrators in Parks and Recreational Facilities](#)
- [Guidance Documents](#)
- [Symptoms of Coronavirus](#)
- [Schools and Childcare Programs](#)
- [Cleaning and Disinfecting our Home](#)
- [Cleaning and Disinfection for Households](#)

#### United States Olympic and Paralympic Committee Coronavirus Updates

- [Return to Training Considerations](#)
- [Return to Events Considerations](#)

#### The Aspen Institute

- [Return to Play – Risk Assessment Tool](#)
- [Coronavirus & Youth Sports: How Should Youth Sports Return to Play?](#)
- [Wild West: Youth sports providers weigh liability risks](#)
- [Survey: 50% of parents fear kids will get sick by returning to sports](#)

#### National Recreation and Park Association – Slowing the Spread of Covid-19

### **Oregon Resources:**

#### Governor Kate Brown Website

- [Stay Home Executive Order 20-12 – March 23, 2020](#)
- [Reopening Oregon: Details on Restarting Public Life and Business – May 7, 2020](#)

#### Oregon Health Authority

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- [Outdoor Recreation Guidance – May 8, 2020](#)
- [Guidance for the General Public](#)

### **Coaching Resources:**

[Sports Meets COVID-19: What to Say, What to Do](#)

[Aspen Institute: Calls for Coaches](#)

[SafeSport: Keeping your kid safe online during Covid-19](#)