STAY SAFE!

PROTECT YOURSELF AND YOUR TEAMMATES
BY PRACTICING GOOD HEALTH HABITS!

- STAY HOME WHEN SICK
- COVER COUGHS AND SNEEZES
- WASH OR SANITIZE YOUR HANDS OFTEN
- DON’T TOUCH EYES/NOSE/MOUTH
- NO HAND SHAKES, HIGH FIVES OR HUGS
- DON’T SHARE WATER BOTTLES
- STAY 6 FEET APART WHEN POSSIBLE
- DON’T TOUCH TRAINING EQUIPMENT

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