



Oregon Youth Soccer

RULES FOR U8 – U10 Developmental League

Operated by
Oregon Youth Soccer Association
www.oregonyouthsoccer.org



League Management Information

The Oregon Youth Soccer Developmental League is sanctioned by Oregon Youth Soccer Association (OYSA). The leagues are open to teams that have all their players and coaches registered with US Youth Soccer through either OYSA or Washington Youth Soccer Association (WYS) in accordance with the registration rules of US Youth Soccer (USYS) and their home state association.

The Developmental League is managed by OYSA in accordance with the bylaws and policies of OYSA, US Youth Soccer (USYS), and the US Soccer Federation (USSF). The League Director has operational and disciplinary authority in accordance with these rules over all participants in these leagues for the duration of the league season. All OYSA registered participants are subject to the disciplinary authority of OYSA and USSF for matters that warrant disciplinary actions that extend beyond the end of a league season.

WYS registered participants are subject to the disciplinary authority of WYS and the USSF for matters that warrant disciplinary actions that extend beyond the end of a league season.

Match play in these leagues is governed by the IFAB Laws of the Game as modified in these rules. These rules incorporate changes to the Laws to comply with the recommendations of the US Soccer Federation's Player Development and Player Safety Initiatives that have been adopted by OYSA. All league games are officiated by USSF certified referees assigned by a USSF certified referee assignor, except for emergency situations as allowed in these rules.

Consumption or possession of alcohol, tobacco, nicotine, and marijuana products are strictly prohibited at all Oregon Youth Soccer matches.

The U8-U10 Developmental League is classified as developmental. This league is intended to foster the development of individual players within a team structure.

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Day of Game and Emergency Contact Numbers:

Referee Emergency: (503) 332-5432 (Coaches: only use for missing referees)

Game Day Hotline: (971) 732-9897 (For all other issues with games/rules. Answered on game days)

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Oregon Youth Soccer Developmental League Rules:

(A) Safety

(1) Bleeding from Nose, Cuts or Other Abrasions

- (a) A player who is bleeding or has blood on his or her uniform must leave the field and may be substituted at the coach's discretion. A uniform with blood on it must be changed. After the bleeding is stopped and the wound is covered, the player may return to the game when beckoned onto the field by the referee.

(2) Possible Head Injuries

- (a) A player who demonstrates signs of concussion as a result of an observed or suspected blow to the head or body must leave the field and may not return to play in that match unless an athletic trainer registered by the Oregon Board of Athletic Trainers or licensed medical professional determines that the player has not suffered a concussion.
- (b) A referee will accept the determination of a certified athletic trainer only if the trainer has identified himself or herself to the referee prior to the match and has shown the referee a current Athletic Trainer registration identification card.
- (c) If a coach returns a player without approved clearance, the referee will end the game.
- (d) Referees will include in their match report information about any player required to leave the field because of a suspected concussion. A player who has been removed from a match by a referee because of a suspected concussion is ineligible to play until the League Director has received a copy of a medical release signed by a health care professional that authorizes an unrestricted return to competition.
- (e) Coaches should be aware that ORS 417.875, effective January 1, 2014, applies to all competitions sanctioned by OYSA. Unless an athletic trainer registered by the Oregon Board of Athletic Trainers determines that a player has not suffered a possible head injury, a coach is prohibited from allowing a player who exhibits signs of concussion following an observed or suspected blow to the head or body to participate in any competition, including practice, until the player has been cleared to return to play by a health care professional.

(3) Camera Drones

- (a) Camera drones may be in the vicinity of the field only if permitted by the facility owner. When drones are allowed, they may not be directly above the field, teams, or spectators and must be kept at least 50 feet away from teams and spectators.

(4) Lightning

- (a) If lightning is seen or thunder is heard, play must be immediately suspended.
- (b) Participants and spectators should immediately move to a safe location, in a substantial building or a hard-topped metal vehicle.
- (c) Wait 30 minutes after last seeing lightning or hearing thunder to continue the match. See the National Weather Service website at <https://www.weather.gov/safety/lightning-sports> for more information about lightning safety.

(5) Heat

- (a) When Wet Bulb Globe Temperature (WBGT) equals or exceeds 89.6F, the referee will pause the game for a hydration break in each half of the match.
 - (i) WBGT may be measured directly using an instrument designed for that purpose
 - (ii) WBGT may be approximated for the area of the field using a cell phone application (e.g. WeatherFX)
 - (iii) WBGT may be estimated from the US Soccer Heat Guidelines available from the

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Recognize to Recover site at <http://www.recognizetorecover.org/s/Heat-Guidelines.pdf>.

- (b) The coaches of both teams should consult with the referee to determine whether the temperature at game time will require hydration breaks.
- (c) The referee will add time to the end of each half to account for the time allowed for hydration breaks.

(6) Air Quality

- (a) The OYSA Developmental League will follow the Air Quality Index (AQI) table below, adopted from the Oregon School Activities Association (OSAA).
- (b) The League Director will make final decisions regarding match cancellation(s) due to the AQI and will notify Directors of Coaching/Teams.

Air Quality Index (AQI)	5-3-1 Visibility Index	Required Actions for Outdoor Activities
51 - 100	5-15 Miles	Athletes with asthma should have rescue inhalers readily available and pretreat before exercise or as directed by their healthcare provider. All athletes with respiratory illness, asthma, lung or heart disease should monitor symptoms and reduce/cease activity if symptoms arise. Increase rest periods as needed.
101 - 150	3-5 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
151 - 200	1-3 Miles	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.
>200	1 Mile	Because they involve strenuous activity for prolonged periods of time, all outdoor activities (practice and competition) shall be canceled or moved to an area with a lower AQI. Move practices indoors, if available. Be aware that, depending on a venue's ventilation system, indoor air quality levels can approach outdoor levels.

(B) Laws of the Game and Rules of Competition

IFAB Laws of the Game apply except as specifically modified as of Sept 1st, 2019

[You can download a copy of the current edition of the Laws of the Game from the IFAB website -

<http://www.theifab.com/#!/document>. The Laws are available in English, Spanish, French, and German]

(1) Substitutions

- (a) Unlimited substitutions are permitted, with the consent of the referee, on any dead ball.
- (b) Substituted players must leave the field of play at the half line near their team bench.

(2) Club-Pass (borrowed) Player Age Allowances

- (a) U8 Division allows U7 and U8 players
- (b) U9 Division allows U7, U8, and U9 players
- (c) U10 Division allows U8, U9, and U10 players

(3) Length of Matches and Ball Size

Age	Match Length	Halftime	Ball Size
U8	4 10-minute quarters	2 minutes	Size 3
U9-U10	2 25-minute halves	5 minutes	Size 4

(4) Match Balls

- (a) The home team is expected to provide match balls acceptable to the referee, although the referee may accept match balls from either team.

(5) No Heading

- (a) A player may not use his/her head to play the ball.
- (b) The infraction consists in intentionally playing the ball with the head. If the referee determines that the ball struck a player in the head when the player is not trying to play the ball, the referee will allow play to continue.
- (c) The penalty for playing the ball using the head is an indirect free kick at the spot of the infraction.
- (d) If the infraction is committed within the goal area, the indirect free kick will be taken from the goal area line parallel to the end line at the nearest point to where the infraction occurred.

(6) Slide-Tackling and Sliding

- (a) Slide-Tackling is NOT allowed.
 - (i) For the purpose of this rule, slide-tackling is defined as: going to ground to make a play on the ball that engages a player currently in possession of the ball, or that results in contact with another player.
- (b) Sliding is allowed.
 - (i) For the purpose of this rule, sliding is defined as: going to ground to make a play on the ball that does not engage a player currently in possession of the ball, and that does not make contact with another player.

(7) Restarts

- (a) U8
 - (i) All restarts on the sidelines will be done with a kick in at the spot the ball went out of bounds. A 10 yard buffer must be given to the player kicking in the ball.
- (b) U9/U10
 - (i) All restarts on the sidelines will be done with a throw in at the spot the ball went

out of bounds.

(8) Goal Crease (U8 only)

- (a) If a player touches the ball while it is inside their own defensive goal crease, play will be stopped, and then restarted with a corner kick for the opposing team.
- (b) If a player touches the ball while it is inside their opponent's goal crease, play will be stopped, and restarted with a goal kick for the opponent.
- (c) If a ball comes to rest inside either goal crease, play will be stopped and restarted with a goal kick for the team defending that goal.

(9) Build Out Line (U9/U10 only)

- (a) The build out line is a line parallel to the end line located half way between the penalty area line and the center line.
- (b) When the goalkeeper takes possession of the ball in his/her hands, the opposing team must retreat behind the build out line and remain there until the goalkeeper puts the ball into play by throwing or passing the ball.

(10) Goal Kicks

- (a) U8
 - (i) All players on the defending team (team not taking the goal kick) must be behind the half line when the opposing team takes the goal kick.
 - (ii) If a defending player is nearer to the opponent's goal than the build out line when the goal kick is taken, the goal kick will be retaken.
- (b) U9/U10
 - (i) All players on the defending team (team not taking the goal kick) must be behind the build out line when the opposing team takes the goal kick.
 - (ii) If a defending player is nearer to the opponent's goal than the build out line when the goal kick is taken, the goal kick will be retaken.

(11) Offside

- (a) There is no offside in U8.
- (b) A player may only be penalized for an offside infraction when the player is nearer the opponents' goal line than the build out line.

(12) No Goalkeeper Punts

- (a) A goalkeeper who has taken possession of the ball in his/her hands may not put the ball in play by punting or drop kicking the ball.
- (b) If a goalkeeper punts or drop kicks the ball, the opposing team is awarded an indirect free kick from the spot of the offense.
- (c) If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.

(13) Uniforms & Equipment

- (a) All players on the field must wear matching uniforms (except the goalkeeper) to the satisfaction of the referee. Numbers are not required. The goalkeeper's uniform must be a different color from that of the opposing keeper, all other players on the field, and the referee.
- (b) Each team must have two uniform sets (one white or light color and one dark color) **at each match.**
 - (i) Home team will wear white or light-colored jerseys.
 - (ii) Visiting team will wear dark-colored jerseys.
 - (iii) In cases of uniform color similarity, the designated home team (listed first) will change jerseys.

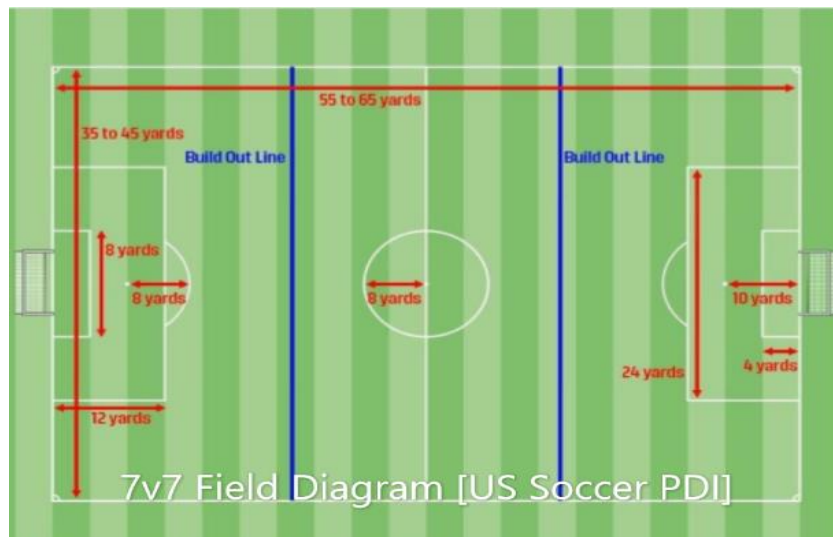
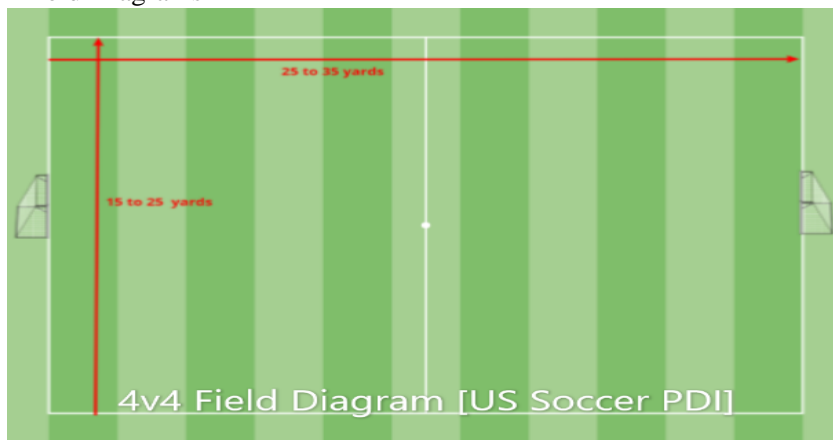
- (c) A player may not wear or use any equipment that is dangerous to himself or another player.
 - (i) The referee’s decision regarding dangerous equipment is conclusive, although lightweight, padded protective equipment should generally be allowed per IFAB Law 4.
 - (ii) Casts, splints, or braces **must be padded** and there shall be no exposed metal or any other hard material.
 - (iii) The referee may withdraw approval for a player to participate while wearing a cast or other protective equipment if the referee finds that the protective equipment is being used in a way that endangers the safety of any player.
- (d) **No jewelry is permitted, even if taped.** Medical alert bracelets/necklaces are not considered jewelry and are allowed, if taped.
- (e) Shin guards, covered by socks, are mandatory in all games. Players not wearing shin guards will not be allowed to play.

(C) Field Preparation

(1) Field Size

Age - Format	Minimum	Maximum	Goal Size
U8 – 4v4	15 x 25 yds	25 x 35 yds	4(H) x 6(W) ft. (max)
U9-U10 – 7v7	35 x 55 yds	45 x 65 yds	6.5(H) x 18.5 (W) ft.

(a) Field Diagrams



(2) Venue with Lines, Goals, and Nets

- (a) All games will be at a designated venue. Fields will be lined, and appropriately sized goals will be installed.
 - (i) Nets are installed at the beginning of the season. While efforts will be made to be sure that nets are present, teams are required to have a net available for emergency use if one of the pre-installed nets has been damaged or removed.
 - (ii) **Corner flags are NOT provided.** Teams are encouraged to set up corner markers for their matches. Cones may be used as corner markers in place of flags.

(3) Playability of the Field

- (a) Any complaints regarding the playability of the field must be made to the referee and the opposing coach **before the match begins.** The referee will make the final decision whether the field is playable.

(D) Game Start Time & Interruptions

(1) Scheduled Time and Location

- (a) Teams are expected to play matches at the scheduled time and location.
- (b) Referees must complete the player/coach credential check-in process prior to each scheduled match.
 - (i) U8 teams will hand a roster to the field monitor/referee.

(2) 10-Minute Waiting Period

- (a) The referee will wait for 10 minutes after the scheduled start time for one or more of the teams to complete pre-match check-in (by providing rosters or by providing the minimum number of players and eligible adults to begin the match).
 - (i) If a match cannot be started after the 10-minute waiting period, the referee and/or the coaches must call the Game Day Hotline (see pg. 2) before abandoning the match.

(3) Suspended Play

- (a) If play must be suspended for safety issues (such as lightning or other severe weather conditions) or cannot be completed due to safety concerns or other issues arising during the match, the referee and coaches/team officials must call the Game Day Hotline (see pg. 2).
 - (i) If the first half of the match has been completed, the match will be considered completed and the result considered final.

(4) Missing Referees

- (a) If no assigned referee is present at the scheduled field by ten minutes after the scheduled match start time, call the league's Referee Emergency number (see pg. 2) to inform and request guidance.
 - (i) There are very limited opportunities to reschedule games, so if an assigned referee cannot be present for the game, the teams are encouraged to agree on a substitute referee to allow the game to be played.

(E) Minimum and Maximum Number of Participants in a Match

(1) 4v4 Matches

- (a) A U8 team must have a minimum of 3 eligible players and 1 eligible adult who are listed on the match roster to start a match.
- (b) A U8 team' Match Roster may list a maximum of 7 players as eligible to play, and 4 eligible adults.

(2) 7v7 Matches

- (a) A U9/U10 team must have a minimum of 5 eligible players and 1 eligible adult who are listed on the match roster to start a match.
- (b) A U19/10 team's Match Roster may list a maximum of 12 players as eligible to play, and 4 eligible adults.

(3) Reducing Match Roster Numbers

- (a) When a team's Match Roster lists more players than the maximum eligible to play in a match (see 4v4 and 7v7 maximums above), the team must indicate which players will not play by drawing a line through their names before the Official Printed Match Roster is given to the referee for check-in.
- (b) A player who has been indicated as ineligible for play on the Official Match Roster may be permitted in the Team Area/Technical Area ONLY if the player is NOT wearing the team uniform (including team warmups).

(4) Eligible Adult

- (a) An eligible adult is an adult who is either listed on the match roster, or has with them a valid member pass from the same club as the team.

(5) Maintaining Participant Minimums

- (a) If a team fails to maintain the minimum number of players on the field after a match has been started, the match will be abandoned.
- (b) If a team fails to maintain an eligible adult in the Team Area/Technical Area, the match will be abandoned.

(F) Team Sidelines

(1) Team Placement / Spectator Placement

- (a) Except where field conditions prevent, both teams must be on one side of the field.
 - (i) A "team" consists of those players, coaches and team officials listed on the team's Match Roster who have checked in with the referee.
- (b) ALL spectators must be on the opposite side of the field from the teams.

(2) Team Area / Technical Area

- (a) Each coach, substitute, and all other team personnel not involved in active play must remain within their respective Team Area two (2) yards behind the touch line, and five (5) yards from the halfway line of the field.

(3) Ineligible Players in Team Area / Technical Area

- (a) A player listed on the match roster who is indicated as ineligible to play in a match may be permitted in the Team Area/Technical Area ONLY if the player is NOT wearing the team uniform (including team warmups).

(4) Circumstances Involving Player / Team Official Illness or Injury

- (a) Additional adults may be in the team area, at the discretion of the referee, to aid an ill or injured player or team official.

(G) Rosters

(1) Official Match Roster (unique to each match)

- (a) Each team must present an Official Match Roster to the referee before each match, which lists every person eligible to play in the match, and all adults who will be present in the Team Area/Technical Area.

- (i) A U8 team's Official Match Roster must not list more than 7 eligible players and 4 eligible adults.
- (ii) A U9/U10 team's Official Match Roster must not list more than 12 eligible players and 4 eligible adults.
- (b) A player who is not present for pre-match check-in (i.e., arrives late) must check in with the referee and identify their name on the Official Match Roster before participating in the match.
 - (i) Players may not be added to the roster after the game has started.
- (c) Club-pass (borrowed) players are permitted, provided that:
 - (i) All club-pass (borrowed) players are registered with US Youth Soccer through either OYSA or WYS.
 - (ii) Club-pass (borrowed) players must be the same age as, or younger than, the team's age
 - (iii) Club-pass (borrowed) player information must listed or handwritten on the Official Match Roster.
- (d) Any given player may only play for one club.**

(2) Accessing Your Official Match Roster

- (a) Instructions for printing the Official Match Roster are available on the "Leagues" page of the OYSA website:
https://docs.wixstatic.com/ugd/e0e3f4_034cd340cb534b5f9871267ee291a359.pdf

(3) No Roster, No Match – Except as Follows:

- (a) The printed Official Match Roster lists both teams. If one of the teams does not have a printed Official Match Roster for the match, but the other team does, the referee may use the single copy of the printed Official Match Roster to check in both teams.
- (b) Only the players listed on the Official Match Roster used for check-in, including any handwritten amendments to the list, are eligible to participate.
- (c) Before abandoning a match because of missing Match Rosters, the referee must call the league's Game Day Hotline (see pg. 2) for guidance.

(H) Responsibilities of Coaches and Team Officials

(1) Knowing the Laws of the Game and League Rules

- (a) The coach in charge of a team at a match is responsible for knowing the IFAB Laws of the Game and the OYSA Developmental League Rules.

(2) Ensuring Proper Conduct of Team's Players, Coaches, Team Officials, and Spectators

- (a) The coach in charge of a team at a match is responsible for the conduct of the team's players, coaches, team officials, and spectators.
 - (i) The referee may require the coach to take action to control the behavior of or remove spectators whose words or actions are offensive, insulting, abusive, profane, disruptive or interfere with a referee or the orderly conduct of the match.
 - (ii) The coach in charge of the team may be warned, cautioned, or sent off for failing to control the conduct of the team's spectators, officials, or players.
 - (iii) If a game is abandoned because of the behavior of a team's spectators, team officials, or players, the team's coach may be suspended in addition to any other administrative discipline assessed to the team resulting from the abandonment.
- (b) Any reported instances of referee abuse or referee assault by a player, coach, team official, or spectator will be forwarded to OYSA, and if applicable, the alleged perpetrator's home State Association, for disciplinary proceedings as specified by US Soccer Federation Policy 531-9.

(3) Ensuring Proper Coaching

- (a) Giving direction to one's own team on points of strategy and position is permitted from the

Team Area/Technical Area by ONE coach at a time.

- (i) No device may be used by a coach or team official to receive coaching direction from anyone outside of the Technical Area/Team area.
- (ii) Coaching must be informative, not abusive or derogatory.

(I) Disciplinary Actions for Players, Coaches, and Team Officials

(1) Players

- (a) Referees will note all cautions (yellow cards) in their Match Report.
- (b) Referees will note all send-offs (red cards) as soon as possible in their Match Report.
 - (i) Referees will provide a detailed description of all player send-offs in their Match Report.

(2) Coaches and Team Officials

- (a) **Note:** Per the 2019-2020 IFAB Laws of the Game, coaches and other team officials may be warned, cautioned (referee shows a yellow card), and/or sent off (referee shows a red card) for engaging in misconduct (irresponsible behavior), based on the judgement of the referee.
- (b) **Warnings:** the following offences committed by a coach or team official should usually result in a warning; repeated or blatant offenses should result in a caution or sending off:
 - (i) Entering the field of play in a respectful/non-confrontational manner (without the permission of the referee)
 - (ii) Failing to cooperate with a referee *e.g.* ignoring an instruction/request
 - (iii) Minor/low-level disagreement (by word or action) with a referee decision
 - (iv) Occasionally leaving the confines of the Team Area/Technical Area without committing another offence
- (c) **Cautions:** Caution offences committed by a coach or team official include (but are not limited to):
 - (i) Clearly/persistently not respecting the confines of their Team Area/Technical Area
 - (ii) Delaying the restart of play by their own team
 - (iii) Deliberately entering the Team Area/Technical Area of the opposing team (non-confrontational)
 - (iv) Dissent by word or action, including throwing/kicking bottles or other objects, and gestures which show a clear lack of respect for the referees (like sarcastic clapping)
 - (v) Excessively/persistently gesturing for a red or yellow card
 - (vi) Gesturing or acting in a provocative or inflammatory manner
 - (vii) Persistent unacceptable behavior (including repeated Warning offences)
 - (viii) Showing a lack of respect for the game
- (d) **Sending-Off:** Sending-off offenses committed by a coach or team official include (but are not limited to):
 - (i) Delaying the restart of play by the opposing team *e.g.* holding onto the ball, kicking the ball away, and/or obstructing the movement of a player
 - (ii) Deliberately leaving the Team Area/Technical Area to show dissent towards a referee or act in a provocative or inflammatory manner
 - (iii) Entering the opposing Team Area/Technical Area in an aggressive or confrontational manner
 - (iv) Deliberately throwing/kicking an object onto the field of play
 - (v) Entering the field of play to confront a referee or interfere with play, a player or a referee
 - (vi) Physical, aggressive, or threatening behavior (including spitting or biting) towards any player, substitute, team official, referee, spectator, or any other person (*e.g.* ball boy/girl, competition official, etc.) in the vicinity of the match.

- (vii) Receiving a second caution in the same match
- (viii) Using offensive, insulting, abusive, or profane language and/or gestures
- (ix) Violent Conduct
- (e) Referees will provide a detailed description of all warnings, cautions (yellow cards), and send-offs (red cards) of coaches or team officials in the "cards issued" section of the referee's Match Report.
 - (i) Referees will call the Referee Emergency number (see pg. 2) after the match to immediately inform it of any send-offs of coaches or team officials.
- (f) If a coach is sent-off, the assistant coach or an eligible adult with a valid Member Pass from the team's club will assume the coach's responsibilities.
 - (i) If no eligible adult with a valid Member Pass from the team's club is available to assume the coach's responsibilities, the referee will abandon the match and inform the Game Day Hotline (see pg. 2).

(3) Players, Coaches, and Team Officials who are Sent-Off

- (a) A player who has been sent-off by the referee may remain on the team sidelines under the supervision of the team coach. Any irresponsible behavior by a sent-off player may result in additional penalties.
- (b) A coach or team official who has been sent-off by the referee must promptly leave the playing area and remain out of sight until the match has ended.
 - (i) If the coach or team official who has been sent-off refuses to leave the playing area, or returns after leaving, the referee may abandon the match.
 - (ii) Details regarding the coach's or team official's failure to leave the area and subsequent abandonment of the match must be included in the referee Match Report, and the Game Day Hotline must be called (see pg. 2)
- (c) **Players, coaches, and team officials who are sent off by the referee are automatically suspended for at least the next match.**
 - (i) A suspension longer than one match may be imposed. See Rule (L)(1) for minimum suspensions.
 - (ii) Coaches who are sent off will automatically incur a \$250 fine.
 - (iii) Coaches who are sent off must complete [Positive Coaching Alliance's Double-Goal Coach: Coaching for Willing and Life Lessons](#) course, at the coach's expense, and email a record of completion to the League Manager before returning to coach.

(J) Referee's Match Report

(1) Submitted Online

- (a) All referees must submit online Match Reports through Oregon Soccer Central.

(2) Submit Official Match Rosters

- (a) Referees must submit the Official Match Roster to OYSA when a suspended player or coach is listed on the Official Printed Match Roster used to check-in a team, or when any players or coaches are handwritten onto the Official Match Roster.
 - (i) Official Match Rosters submitted to OYSA must clearly indicate which listed players/coaches participated in the match and which were ineligible.
 - (ii) Official Match Rosters may be submitted to OYSA by scanning/photographing them and sending as an email attachment to roster@oregonyouthsoccer.org, or mailing them to Oregon Youth Soccer Association, 7920 SW Cirrus Drive, Beaverton, OR 97008.

(K) Scores

(1) No Scores or Standings Published

- (a) Scores and standings will not be published for this league.

(L) Match Suspensions for Individuals

(1) List of Minimum Suspensions

- (a) Minimum suspensions that apply without a disciplinary hearing are listed in the table below.
 - (i) Where a penalty is shown as a range, the length of the suspension will be set by the league’s Disciplinary Committee.

Offence	Minimum Suspension
Player sent-off for a second caution received in the same match	1 match
Player sent-off for denying a goal or obvious goal-scoring opportunity by committing a handball offence	1 match
Player sent-off for denying a goal or obvious goal-scoring opportunity by committing a foul	1 match
Player sent-off for serious foul play	1-3 matches
Player sent-off for offensive, insulting, or abusive language and/or gestures (OIALG), directed at no one	1 match
OIALG directed towards a specific person (other than a referee)	1-5 matches
OIALG directed towards a referee	3-5 matches
Player sent-off for Violent Conduct	3 matches
Coach or team official sent off	1-5 matches [default is 2]
Coach or team official refused to leave game site after being sent-off (added to suspension for sending-off)	2 matches – rest of season
Accumulation of 3 yellow cards in separate games by player or coach during the competition’s seasonal year	1 match
Refusing to give name to referee by player or coach when a card is recorded (added to any suspension for the card, if applicable)	1 match

(2) Disciplinary Result of a Suspended/Ineligible Player or Coach Participating

- (a) A team will forfeit every match in which a suspended (or otherwise ineligible) player or coach participates.
 - (i) The suspended (or otherwise ineligible) individual who participated in the match(es) will be subject to additional disciplinary action.

(3) Suspensions Resulting from a Forced Abandonment of the Match

- (a) A coach who forces abandonment of a match by removing a team from play after the game has begun will be suspended from participation with any team for the remainder of the league season.
- (b) A coach who forces abandonment of a match by refusing to leave the premises of the match after being expelled by the referee will be suspended from participation with any team for

the remainder of the league season. The coach will also be referred to OYSA for consideration of additional penalties.

- (c) Any suspension for conduct causing match abandonment may be imposed only after a disciplinary hearing.

(4) Other Suspensions Details

- (a) A suspension of up to 3 games may be assessed for each game in which a player or coach participated while suspended may be imposed.
- (b) A player who has been sent-off for fighting, or who has received a second red card for violent conduct during the league season may be suspended for up to an additional 5 games.
- (c) A coach or team official who has been previously sent-off from competitions operated by OYSA in the same seasonal year:
 - (i) Will be suspended for an additional 2 games for a 2nd send-off in the same seasonal year for all competitions.
 - (ii) May be suspended from participating in any competitions operated by OYSA for up to one seasonal year for receiving a 3rd send-off during the current seasonal year from any competitions operation by OYSA. A Disciplinary Hearing will be held to determine this, and the coach or team official will automatically be suspended until the Hearing occurs.
- (d) The League Director will refer any issues regarding participation by an unregistered or improperly registered player to OYSA for disciplinary proceedings.
- (e) Any allegations of referee abuse or referee assault will be forwarded to the home State Association of the alleged perpetrator for disciplinary proceedings in accordance with USSF Policy 531-9.

(5) Disciplinary Hearing Suspensions (may include, but are not limited to these)

- (a) After a Disciplinary Hearing is held, a coach or team official who knowingly permits a suspended or ineligible player to participate may be suspended for the remainder of the current league season.
- (b) After a Disciplinary Hearing is held, a coach or other team official who brought the game into disrepute may be fined and/or suspended up to the remainder of the season when the person engages in any of the following conduct:
 - (i) Stating publicly in the vicinity of a match that match officials or assignors have engaged in improper conduct, such as taking payment from an opponent, displaying bias towards players, coaches, or teams because of ethnic origin, race, religion, or gender
 - (ii) Making public statements at, or in the vicinity of, a match that question the integrity of the league or match officials
 - (iii) Removing a team from a match after play has begun because of disagreements with officiating or the other team
 - (iv) Causing a team to not make a good faith effort to compete in a match.

(6) Conditions of Suspensions

- (a) Coaches or team officials serving suspensions cannot participate in any game activities related to the team from which they were suspended. Coaches are prohibited from participating in any pre-match or post-match activities and must remain out of sight of the match during matches from which they are suspended.
 - (i) The use of any electronic device by the suspended coach or team official to contact another individual on the team during pre-match, match, or post-match activities is prohibited.
- (b) Players who are serving suspensions may sit on the team bench during the game(s) from which they have been suspended ONLY if the player is NOT wearing the team uniform (ncluding team warmups).

- (i) Misbehavior may result in removal from the team area at the request of the game and/or league officials and additional sanctions are possible.
- (c) A player's suspension is served by sitting out the required number of matches from the team to which the player is officially rostered.
 - (i) A player may not participate as a club-pass (borrowed) player while suspended.
 - (ii) A player who is suspended as a result of disciplinary sanctions incurred while playing as a club-pass (borrowed) player will serve the suspension by sitting out games for the team to which the player is officially rostered.

(M) Penalties for Failure to Play and Abandoned Matches

(1) Failure to Play

- (a) A team fails to play a match when a team does not have the required number of players and coaches/team officials at the location of a scheduled match to begin the game within 10 minutes after the official match start time.
 - (i) The penalty for failing to play a match as scheduled is \$300.
 - (ii) An additional \$200 fine will be imposed if a team's coach is aware that not enough players will be available to play a match and the coach fails to notify the opposing team and the League Director more than 48 hours prior to the scheduled game time.
 - (iii) A team that makes a good faith attempt to play a match, but is unable to have enough players at the match location in time to begin play may have the penalty reduced by up to 50%.
 - (iv) The League Director will review the circumstances of any failure to play. The League Director may impose additional penalties, up to and including, removing a team from the league.
- (b) A team that incurs a second Failure to Play forfeiture in the league may be considered to have withdrawn from league play.
- (c) A team that withdraws from league play after the first league matches have been played will be subject to the following:
 - (i) The league entry fee is forfeited.
 - (ii) Any fines imposed prior to withdrawal are all payable.
 - (iii) A withdrawal penalty of \$1,500 will be imposed.

(2) Abandonment – Forced (refusal to continue play)

- (a) A team that forces a referee to abandon a match by refusing to continue to play after the match has begun will forfeit the match.
- (b) The minimum fine for forcing abandonment of a game is \$300.
- (c) The League Director may consider that refusing to complete a game constitutes withdrawal from the league.
- (d) If a team refuses to continue a match after a coach is sent-off, and there is another eligible adult for the team present at the match, the team will be removed from the league.

(3) Abandonment - Behavior

- (a) When a match is abandoned due to the conduct of coaches, team officials, players, or spectators, the team or teams at fault will forfeit the match and be subject to fines.
- (b) If one team is found to be at fault,
 - (i) The team at fault will forfeit the match and will be fined not less than \$500.
 - (ii) The League Director may impose additional penalties, up to and including, removing the team from the league.
- (c) If both teams are found to be at fault,
 - (i) Both teams will be fined \$500
 - (ii) The League Director may impose additional penalties, up to and including, removing both teams from the league.

(N) Payment of Fines and Penalties

(1) Fine Notice

- (a) Fines are due and payable upon notice sent to the individual, team, or club against which the fine has been imposed.
- (b) All forfeits will result in a fine. Fines will range from \$100-\$1500 for each infraction. The amount of each fine will depend on the circumstances and severity of the infraction(s) and in all cases, will be determined by the League Director. Additional club and/or team sanctions may be imposed.

(2) If not Paid within 10 Days

- (a) If a fine against an individual is not paid within 10 days after notice of the fine has been delivered, the individual will be suspended from participation in the league until the fine has been paid.
- (b) If a fine against a team has not been paid within 10 days after notice of the fine has been delivered, the team will be suspended from participation until the fine is paid. Any game that a team misses while suspended will be considered a forfeit and may subject the team to additional fines and/or removal from the league.

(3) Failure to Pay

- (a) A club that fails to pay fines levied against it, or has teams, or individuals representing the club who fail to pay fines, will have their Affinity account shut off until payment is received. If no payment is made, a club may have its teams denied entry into other leagues or tournaments operated by the Portland Timbers and Thorns.

(O) Protests, Appeals, Hearings

(1) Protests

- (a) A protest is a complaint arising out of the misapplication of the IFAB Laws of the Game or misapplication of a league rule. The protest must be based upon violations of these league rules or the IFAB Laws of the Game.
- (b) The League Director will deal with issues related to the Laws of the Game that may arise from the competition. The League Director may (but is not required to) appoint an appeals or protest committee to assist in hearing such issues. Referee judgement decisions during a game are final (not appealable). The minimum match suspensions provided in these rules that do not require a hearing are final (not subject to Protest or Appeal).

(2) Protests Procedures

- (a) A protest may only be submitted by the head coach of a team, or the acting head coach of a team, who is present at the match being protested.
- (b) The person submitting the protest must verbally notify both the referee and the opposing coach within 15 minutes following the end of the match that the game will be protested.
- (c) A written protest that clearly states the league rule or IFAB Law that was violated, must be submitted to the League Director (see pg. 2) by the end of the first business day following the protested game.
- (d) The protest must be submitted using the protest form available on any of the league or tournament pages of the OYSA website.
[\(https://oysa.wufoo.com/forms/zeic9i80cvvvq4/\)](https://oysa.wufoo.com/forms/zeic9i80cvvvq4/).
- (e) A protest fee of \$100 must be delivered to the League director (see pg. 2) not later than the close of business on the 2nd business day following the game being protested.
 - (i) If the protest fee is not received, the protest will be summarily dismissed.
 - (ii) If the protest is upheld, the protest fee will be returned.

(3) Appeals

- (a) An individual may appeal a sending-off (player or coach) from a match by submitting the appeal form available on any of the league pages of the OYSA website:
<https://oysa.wufoo.com/forms/z1g8gwr810zt0a4/>. Only appeals submitted using the official form will be considered.
- (b) A decision of the League Director regarding imposition of disciplinary suspensions is not subject to appeal unless a suspension would extend to an individual's right to participate in competitions beyond the end of the specific competition for which the disciplinary measure is imposed.
- (c) Referee judgement decisions during the match are final (not subject to Protest or Appeal)

(4) Review

- (a) The League Director will review and decide all protests and appeals.
- (b) The League Director may hold such hearings as the League Director deems appropriate or may determine issues based on written documentation.
- (c) The League Director will provide a written notice of decision to the person who submitted the protest or appeal.
- (d) A decision of the League Director regarding protests or appeals is final.

(P) Powers of League Director

(1) Powers

- (a) Decide all contested scores and other matters pertaining to the operation of the league.
- (b) Hear all protests.
- (c) Determine all questions of eligibility for players and teams to participate in the league.
- (d) Make final decisions whether to accept teams into the league.
- (e) Decide all disciplinary matters, and may impose fines and suspensions up to and including suspension from participation in the league through the end of the league season.
- (f) Provide written notice of the disciplinary sanctions imposed for sanctions other than the automatically imposed minimum sanctions for cards issued in a match.
- (g) Provide written notice of the disciplinary sanctions and fines imposed for violation of these rules and may reduce or defer payment of fines in appropriate circumstances.
- (h) Arrange for a hearing on all matters that require a hearing under these rules, the applicable bylaws and policies of OYSA, or the applicable policies of USSF.
- (i) Refer matters to the home state association of an individual, team, or club for additional disciplinary proceedings when the League Director believes that the behavior warrants penalties that exceed the League Director's authority.
- (j) Decisions of the League Director regarding the conduct of the league, application of league rules, and interpretation of league rules are not subject to appeal.
- (k) The League Director may delegate performance of any of the powers and/or duties of the League Director described in these rules to one or more persons that the League Director designates.
- (l) The person(s) exercising any of the powers or authority delegated by the League Director shall have all of the power and authority of the League Director in regard to such matters.