

IS YOUR SOCCER CLUB COOL ENOUGH?

Join the Oregon Law Enforcement Community and thousands of others who are raising money and awareness for Special Olympics Oregon by taking The Polar Plunge.

Just raise a minimum of \$50 in pledges per person with your team, then start preparing your body for a dip in ice cold water on plunge day. Daily pep talks and cold showers are a good place to start.

REGISTER TODAY AT PLUNGEOREGON.ORG

BEND 2/8 | EUGENE 2/8 | SOUTHERN OREGON 2/15 | CORVALLIS 2/15 | PORTLAND 2/22

START YOUR TEAM

1. Assign a Team Captain
2. Go to www.plungeoregon.org to register your team
3. Click SIGN-UP and select a plunge location
4. Choose "create a team"
5. When creating a Plunge Team Name, please be sure that it includes the following:
 - * OSYA + Soccer Club Name + (additional specific soccer team name if your soccer club is forming plunge teams at that level)
6. This will create your own fundraising page for your plunge team
7. Under the Team Division Section, select "Organization" from the options on the drop down list
8. Recruit team members
9. Ask team members to register as plunger as part of your plunge team so they can start raising money to support Special Olympics Oregon
10. Show up on plunge day ready to represent your soccer club and have fun!

Plunge Team Name Example if soccer club is having only one plunge team for entire club - OYSA Eastside Timbers

Plunge Team Name Example if multiple teams within the same soccer club are registering separately for the plunge - OYSA Eastside Timbers Girls 06

- * These teams will be tracked by SOOR and OYSA so listing OYSA helps to identify soccer clubs who are participating in the plunge. Prizes for most plungers and most money raised by an OYSA club



OYSA CHALLENGE