



Portland Timbers/Portland Thorns



Lesson Plan Form

Coach: Session date: Team/Age:

Theme:

Stage	Organization (Diagram+Rules)	Objectives	Key Coaching Points
<u>Activity 1</u>	Click to insert session diagram		
<u>Activity 2</u>	Click to insert session diagram		
<u>Activity 3</u>	Click to insert session diagram		
<u>Final Game</u>	Click to insert session diagram		