OYSA FUTSAL PROGRAM – Agenda

- Why Futsal
- How to Implement Futsal
- How to Teach Futsal
- When to Use Futsal
- What is Futsal
- Futsal Skills
- OYSA Futsal Tournament
- OYSA Sanctioned Futsal Leagues
Plain and simply FUTSAL IS FUN!

Players get lots of SHOTS!

Players want to have the ball, 5-A-SIDE = FUTSAL.

Develop FOOT COORDINATION with more ball time at the feet.

Learn to FIND, USE and CREATE SPACE on the smaller futsal court.

Develop QUICKER FEET.

Quick DECISION MAKING.

Learning how to ESCAPE FROM TIGHT SPACES.

Players have to TRANSITION from offense-defense and back.

Promotes COMBINATION PLAY and TEAMWORK in small spaces.

FOCUS on entire game, always involved in the play.
OYSA FUTSAL PROGRAM – Why Futsal?

**WHY FUTSAL?**

**FUTSAL/SOCCER COMPARISON**

- **FUTSAL** vs **SOCCER**
  - 3.2x More Goals
  - 5.4x More Shots
  - 2.8x More Shots on Goal

**PARTICIPATION STATS:**

- 170/209 of FIFA's 208 Member Associations are currently competing in Futsal.

**CONFEDERATIONS THAT PLAY FUTSAL**

- CONCACAF
- UEFA
- AFC
- CONMEBOL
- OFC

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"In futsal, you need to think quick and play quick so it's easier for you when you move to normal football (outdoor soccer)."

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PELE
Start training youngsters aged 4-9, ball at and under their feet.
Create Youth Futsal Academies, ages 4-9.
Educate coaches and staff capable of delivering accurate fundamental futsal information.
Futsal Camps, clinics and demonstrations.
Futsal Equipment, especially balls and portable BowNet goals.
Referee Instruction, Junior Referee Academy.
Youth Competitions and Tournaments.
OYSA FUTSAL PROGRAM – How to Teach Futsal

- Get cleats off little kids, so they can FEEL THE BALL.
- Get the ball on the ground at their feet, FUTSAL BALL.
- Keep the ball rolling smoothly, COURT OR PARKING LOT.
- Use parents to provide 10X MORE TOUCHES per session.
- No walls to keep ball in play, PASS ACCURATELY or lose ball.
- Use sole of foot to wedge trap, EASY FOR ALL.
- Always attack the ball, easy to SOLE TRAP.
- LIFT HEAD and view the field, READ THE GAME.
- Players learn to shield and possess ball, CONFIDENCE.
- Players learn to feel the pressure and body of DEFENSE.

Players repeat all of these with high frequency in FUTSAL.
OYSA FUTSAL PROGRAM – How to Teach Futsal

Messi playing futsal – 8 years old.
https://www.youtube.com/watch?v=m15TzK8d9GQ

Ronaldinho – Joga Bonito TV ad
https://www.youtube.com/watch?v=_mV1vZ-KlYs

Ronaldinho playing in the India Futsal League
https://www.youtube.com/watch?v=lxJJAEtpeejk

Ricardinho – Best futsal player.
https://www.youtube.com/watch?v=zgM8_2v4ZXg

Falcao – Last decade best futsal player
https://www.youtube.com/watch?v=Rfc96cZem9o
Heart & Sole Volume 1
https://www.youtube.com/watch?v=1CP-jmupRrl

Why Futsal Improves Your Soccer Game
https://www.youtube.com/watch?v=f-Y8r1vMHDg

Futsal Juniors 1
https://www.youtube.com/watch?v=DiaULSv6ryw&t=22s

Why Futsal?
https://www.youtube.com/watch?v=d7pwNaYh3Yk

Heart & Sole Skills
https://www.youtube.com/watch?v=HEYTYfBx-fl&t=6s
• Futsal is most valuable at the outset of the players career.
• Greatly increase the quality touches.
• Develop coordination, balance and agility.
• Develop familiarity with and command over the ball.
• Focus on keeping/possessing the ball instead of kicking it away.
Start at outset of involvement and continue through age 12:

- Develop soccer skills in a concentrated environment with a focus on individual technique, ages 4-9.
- Develop individual tactical awareness ages 10-12.
- Group tactics are introduced at ages 12-18.
- Futsal career is available in high school, college, national team and professional level; players will need higher level academy training and competitions.
- Futsal can be continued for fun, to sharpen skills and for exercise throughout adulthood.
OYSA FUTSAL PROGRAM – What is Futsal

WHAT IS FUTSAL?
Futsal, also called 5-a-side indoor soccer, is the only official indoor soccer game recognized by FIFA. The game is played over 70% of FIFA’s 203 Member Associations. The sport features a World Cup, Professional Leagues on every continent and star players like Pique, Ronaldinho, Messi, and many develop the skills, vision, and decision making required to be the best.

FUTSAL STATISTICS BASED ON FIFA 2012 WORLD CUP
A GOAL SCORED EVERY 6 MINUTES
A SHOT TAKEN EVERY 43 SECONDS

600% MORE BALL CONTACT

OBJECTIVES
- To launch, integrate and establish futsal in FIFA member associations;
- To communicate the Laws of the Game of futsal and provide the required infrastructures and equipment;
- To support and promote the setting up of new futsal sections through the confederations and member associations;
- To organise courses and seminars and to publish teaching material for futsal players, coaches, referees, and officials;
- To provide technical and organisational help to arranging futsal competitions;
- To provide technical and organisational help to FIFA member associations;
- To standardise the laws.

MISSION
FIFA has made a commitment to promote and structure the sport of futsal globally by means of competitions, operators and other protective measures, and to encourage its members to do the same.

US NATIONAL TEAM COACH JURGEN KLINSMANN MANDATED THAT STARTING IN 2012, ALL YOUTH PLAYERS IN THE US SOCCER DEVELOPMENT ACADEMY SYSTEM BE INSTRUCTED TO PLAY FUTSAL DURING THE WINTER PERIOD BETWEEN THEIR OUTDOOR SEASONS.
OYSA FUTSAL PROGRAM – Unique Futsal Skills

Sole Trap, Shield, View the Court, Feel the Defense.
OYSA FUTSAL PROGRAM – Unique Futsal Skills

Goalkeeper specific training
OYSA FUTSAL PROGRAM – Futsal Specific Equipment
OYSA SANCTIONED FUTSAL LEAGUES

OYSA would like to start sanctioning futsal leagues all over the state of Oregon. Please contact jose@oregonyouthsoccer.org if you are interested in being part of a futsal league in your local area.

Games will be played either at local gyms or in futsal/indoor facilities.

Consider futsal as either a different way to gain or improve your soccer skills or an alternative way to pro.
Why is it growing so fast?

Almost every major soccer player credits futsal for their development.

“...in Portugal, all we played growing up was futsal. The smaller court helped my footwork skills. The nature of the game made me feel so free when I played. If it wasn’t for futsal, I would definitely not be the player I am today.”

CRISTIANO RONALDO

- Only takes 5 players to form a team
- Same number of players play from youth to adult
- 600% more touches for each player
- Most inexpensive sport in the world