



OREGON
YOUTH SOCCER



OYSA FUTSAL PROGRAM



OYSA FUTSAL PROGRAM – Agenda

- Why Futsal
- How to Implement Futsal
- How to Teach Futsal
- When to Use Futsal
- What is Futsal
- Futsal Skills
- OYSA Futsal Tournament
- OYSA Sanctioned Futsal Leagues





OYSA FUTSAL PROGRAM – Why Futsal?



- Plain and simply FUTSAL IS FUN!
- Players get lots of SHOTS!
- Players want to have the ball, 5-A-SIDE = FUTSAL.
- Develop FOOT COORDINATION with more ball time at the feet.
- Learn to FIND, USE and CREATE SPACE on the smaller futsal court.
- Develop QUICKER FEET.
- Quick DECISION MAKING.
- Learning how to ESCAPE FROM TIGHT SPACES.
- Players have to TRANSITION from offense-defense and back.
- Promotes COMBINATION PLAY and TEAMWORK in small spaces.
- FOCUS on entire game, always involved in the play.



OYSA FUTSAL PROGRAM – Why Futsal?



WHY FUTSAL?

FUTSAL/SOCCER COMPARISON



V



FUTSAL

SOCCER

3.2x

5.4x

2.8x

MORE GOALS

MORE SHOTS

MORE SHOTS ON GOAL

PARTICIPATION STATS:

170/209

OF FIFA'S 209 MEMBER ASSOCIATIONS 170 ARE CURRENTLY COMPETING IN FUTSAL.

CONFEDERATIONS THAT PLAY FUTSAL



“
 IN FUTSAL YOU NEED TO THINK QUICK AND PLAY QUICK SO IT'S EASIER FOR YOU WHEN YOU MOVE TO NORMAL FOOTBALL (OUTDOOR SOCCER)
 PELE ”



OYSA FUTSAL PROGRAM – How to Implement Futsal



- Start training youngsters aged 4-9, ball at and under their feet.
- Create Youth Futsal Academies, ages 4-9.
- Educate coaches and staff capable of delivering accurate fundamental futsal information.
- Futsal Camps, clinics and demonstrations.
- Futsal Equipment, especially balls and portable BowNet goals.
- Referee Instruction, Junior Referee Academy.
- Youth Competitions and Tournaments.



OYSA FUTSAL PROGRAM – How to Teach Futsal



- Get cleats off little kids, so they can FEEL THE BALL.
 - Get the ball on the ground at their feet, FUTSAL BALL.
 - Keep the ball rolling smoothly, COURT OR PARKING LOT.
 - Use parents to provide 10X MORE TOUCHES per session.
 - No walls to keep ball in play, PASS ACCURATELY or lose ball.
 - Use sole of foot to wedge trap, EASY FOR ALL.
 - Always attack the ball, easy to SOLE TRAP.
 - LIFT HEAD and view the field, READ THE GAME.
 - Players learn to shield and possess ball, CONFIDENCE.
 - Players learn to feel the pressure and body of DEFENSE.
- Players repeat all of these with high frequency in FUTSAL.



OYSA FUTSAL PROGRAM – How to Teach Futsal



Messi playing futsal – 8 years old.

<https://www.youtube.com/watch?v=m15TzK8d9GQ>

Ronaldinho – Joga Bonito TV ad

<https://www.youtube.com/watch?v=mV1vZ-KIYs>

Ronaldinho playing in the India Futsal League

<https://www.youtube.com/watch?v=IxJJAteejk>

Ricardinho – Best futsal player.

https://www.youtube.com/watch?v=zgM8_2v4ZXg

Falcao – Last decade best futsal player

<https://www.youtube.com/watch?v=Rfc96cZem9o>



OYSA FUTSAL PROGRAM – How to Teach Futsal

Heart & Sole Volume 1

<https://www.youtube.com/watch?v=1CP-jmupRrl>

Why Futsal Improves Your Soccer Game

<https://www.youtube.com/watch?v=f-Y8r1vMHDg>

Futsal Juniors 1

<https://www.youtube.com/watch?v=DiaULSv6ryw&t=22s>

Why Futsal?

<https://www.youtube.com/watch?v=d7pwNaYh3Yk>

Heart & Sole Skills

<https://www.youtube.com/watch?v=HEYTYfBx-Fl&t=6s>





OYSA FUTSAL PROGRAM – When to Use Futsal



- Futsal is most valuable at the outset of the players career.
- Greatly increase the quality touches .
- Develop coordination, balance and agility.
- Develop familiarity with and command over the ball.
- Focus on keeping/possessing the ball instead of kicking it away.



OYSA FUTSAL PROGRAM – When to Use Futsal

Start at outset of involvement and continue through age 12:

- Develop soccer skills in a concentrated environment with a focus on individual technique, **ages 4-9.**
- Develop individual tactical awareness **ages 10-12.**
- Group tactics are introduced at **ages 12-18.**
- Futsal career is available in high school, college, national team and professional level; players will need higher level academy training and competitions.
- Futsal can be continued for fun, to sharpen skills and for exercise throughout adulthood.





OYSA FUTSAL PROGRAM – What is Futsal



WHAT IS FUTSAL?

Futsal, also called 5-a-side indoor soccer, is the only official indoor soccer game recognized by FIFA. The game is played by over 170 of FIFA's 209 Member Associations. The sport features a World Cup, Professional Leagues on every continent and star players like Falcão. It has also helped almost every world-class outdoor soccer player (Pele, Ronaldinho, Messi, and more) develop the skills, vision and decision making required to be the best.

FUTSAL STATISTICS BASED ON FIFA 2012 WORLD CUP

	A GOAL SCORED EVERY	A SHOT TAKEN EVERY
600%	6	43
MORE BALL CONTACT	MINUTES	SECONDS



US NATIONAL TEAM COACH JURGEN KLINSMANN MANDATED THAT STARTING IN 2012, ALL YOUTH PLAYERS IN THE US SOCCER DEVELOPMENT ACADEMY SYSTEM BE REQUIRED TO PLAY FUTSAL DURING THE WINTER PERIOD BETWEEN THEIR OUTDOOR SEASONS.



FUTSAL MISSION AND OBJECTIVES

MISSION

FIFA has made a commitment to promote and structure the sport of futsal globally, by means of competitions, courses and other proactive measures, and to encourage its members to do the same.

OBJECTIVES

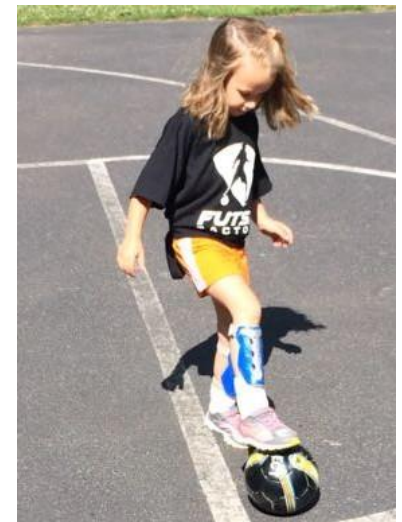
- To launch, integrate and establish futsal in FIFA member associations;
- To communicate the Laws of the Game of futsal and provide the required infrastructure and equipment;
- To support and promote the setting up of new futsal competitions through the confederations and member associations;
- To organise courses and seminars and to publish teaching material for futsal players, coaches, referees and officials;
- To provide technical and organisational help with arranging futsal competitions;
- To provide technical and organisational help to FIFA member associations;
- To standardise the Laws.

Source: Fifa.com



OYSA FUTSAL PROGRAM – Unique Futsal Skills

Sole Trap, Shield, View the Court, Feel the Defense.





OYSA FUTSAL PROGRAM – Unique Futsal Skills

Goalkeeper specific training





OYSA FUTSAL PROGRAM – Futsal Specific Equipment



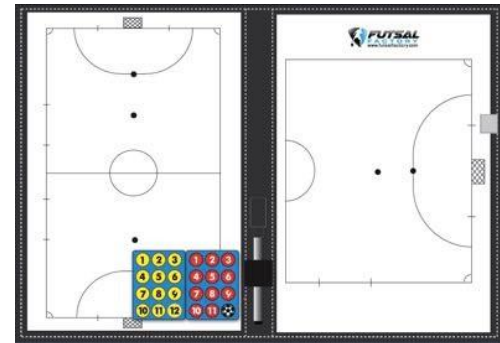
MINI
50CM



JUNIOR
55-57CM



SENIOR
62-64CM





OREGON
YOUTH SOCCER



OYSA FUTSAL LEAGUES





OYSA FUTSAL LEAGUES – OPPORTUNITIES

OYSA SANCTIONED FUTSAL LEAGUES

OYSA would like to start sanctioning futsal leagues all over the state of Oregon. Please contact jose@oregonyouthsoccer.org if you are interested in being part of a futsal league in your local area.

Games will be played either at local gyms or in futsal/indoor facilities.

Consider futsal as either a different way to gain or improve your soccer skills or an alternative way to pro.





OYSA FUTSAL LEAGUE – Futsal Growth



WHY IS IT GROWING SO FAST?

ALMOST EVERY MAJOR SOCCER PLAYER CREDITS FUTSAL FOR THEIR DEVELOPMENT



Messi, Cristiano Ronaldo, Ronaldinho, Pelé, and many more.

“ IN PORTUGAL, ALL WE PLAYED GROWING UP WAS FUTSAL. THE SMALLER COURT HELPED MY FOOTWORK SKILLS, THE NATURE OF THE GAME MADE ME FEEL SO FREE WHEN I PLAYED. IF IT WASN'T FOR FUTSAL, I WOULD DEFINITELY NOT BE THE PLAYER I AM TODAY.

CRISTIANO RONALDO ”

- Only takes 5 players to form a team
- Same number of players play from youth to adult
- 600% more touches for each player
- Most inexpensive sport in the world

